



HER FACIALS:

Glowing Radiance

Reveal your inner youth with a specific face massage and products that will restore your skin's youthfulness, softness and luminosity, your face will glow with a new radiance

Hydrating Infusion

Give your skin a moisturizing soak, a plumped feel and a nourished look.

The perfect balance between intense relaxation and instant natural freshness

Brighten-up your face

Illuminate your face with this whitening treatment, using advanced professional products, formulated to combine brightening action and dark spot correction. Diminish wrinkles and discover a new skin.

Oxygen Blast

This facial treatment uses the properties of oxygen to fight off free radicals and other external factors. Ideal for regulating skin tone and restoring oxygen levels, it is also refreshing and purifying.

HIS FACIALS:

Pure Anti-Aging Ceremony

Transform yourself instantly with this intensive treatment for mature skin.

Smooth your wrinkles and fine lines with a combination of concentrated ingredients and a high-tech firming mask.

Breeze of Freshness

Purify, reduce shine and restore luminosity of your skin.

This relaxing treatment is ideal for combination, oily or clogged skin and is designed to oxygenate and detoxify.

Moisture Delight

Give your skin a moisturizing soak and regain freshness and radiance.

This treatment offers intense relaxation and comfort.

*Note: All facials include a marine back wrap to help eliminate toxins and re-invigorate skin tissues;
And all facials are timed 75 minutes.

BODY MASSAGES

Combine one of the healing blended essential oils with one of our personalized messages in order to get a tailor made experience that suits your preference

Indulge your senses with one of the following aromatherapy oils:

- Detoxifying Grapefruit, Juniper, Geranium, Palmarosa, Cedar wood.
- Energizing Menthe/lemon/litsea cucubea/spicy marjoram
- D-stressing lavender, orange, vanilla
- Relaxing Tangerine, Petit Grain, Bergamot, Lavender

Reviving – deep tissue massage

60/90 min.

This massage will stimulate your senses and enhance your physical and mental well-being with a combination of fluid strokes, finger and palm pressure and stretching techniques.

Relieving – Relaxing massage

60/90 min.

Alleviate stiffness and muscle aches with this therapeutic massage which uses a combination of deep tissue , sports massage and focuses on pressure points.

Melting your stress away – hot stone massage

60/90 min.

Release stored tension within the muscular tissue with the healing benefits of heat therapy using warmed volcanic stones.

BODY TREATMENTS BY PHYTOMER

Rejuvenate the Body and Soul

90 min.

Enjoy a holistic journey into the heart of PHYTOMER DNA to recharge the body's batteries. Deeply relaxing and energizing with its specific massage, an instant rejuvenating effect and incomparable relaxation.

Dreamtime Tranquillity

75 min.

An ultra-relaxing treatment with a warm scent of lavender. This authentic body massage combining light strokes, pressure and stretching, uses Thai inspired boluses with sea salts and lavender flowers to eliminate tension knots and restores balance.

BODY TREATMENTS BY SOMA

Serene Candle Massage

60 min.

A low melting point blended wax creates a unique warm oil massage sensation, giving you a sensual and therapeutic experience

Soma Body polish (scrubs)

30 min.

For that satin-like feel, allow your skin to be caressed with a delightful of sugar scrubs and natural oils

Evolve

Scrub and massage that will leave you relaxed and renewed.

This ritual commences with body exfoliation to prepare your body for perfect texture followed by tension relief body massage to attain ultimate relaxation.

Heaven on Earth – facial and full body massage

120 min.

The ultimate body and face ritual: de-stress and feel like you're in heaven with this complete body and face ritual. Increase your energy levels and relieve aches and pains with our Oriental massage. A nourishing hand therapy and a hydrating facial complete this top to toe ritual

Anti -jet lag stop – Express facial and massage

over 60 min.

Frequent travellers are going to love this energy boosting face and body treatment, designed to erase all sign of fatigue linked to Jet Lag.

ADD-ONS TO YOUR JOURNEYS:

SOMA Foot Reflexology (30 min. / 60 min.)

An ancient Chinese technique that uses pressure-point massage to restore the flow of energy throughout the entire body. Relieves pain and stiffness and cures many stress symptoms by boosting your blood circulation.

Soothing Head, Neck & Shoulder Massage (30 min.)

Have a blissful escape from stress with this soothing head, neck and shoulder massage.

Tension Ease Back Massage (30 min.)

Ease your tension and eliminate stress with this deep therapeutic back massage.

Prices:

30 min.	AED 225
60 min.	AED 400
90 min.	AED 545
120 min.	AED 695
75 min.	AED 475

How to Spa

Operating hours

Fitness: open 24 hours | Spa: 07.00 am - 10.00 pm | Spa Treatments: 10.00 am - 10.00 pm

Arrival

Please allocate at least 15 minutes prior to your treatment to allow yourself ample time to change and enjoy the facilities.

Late arrival

Due to other guests' bookings, we are unable to provide an extension of scheduled treatments and full value rate of service will be charged.

Cancellation policy

For our in-house guests, a two-hour cancellation notice period is required to avoid being charged 100% of a scheduled appointment. For our non-resident guests, a 24-hour cancellation notice period is required to avoid being charged 100% of a scheduled appointment. The same terms apply on a no show.

Reservations

Advance booking is essential. All treatments must be guaranteed by credit card at the time of booking.

Valuables

Please do not bring valuables to the spa. Lockers are provided however; Soma Spa and Pullman Dubai Creek City Centre cannot assume any responsibility for lost or stolen items.

Medical concerns

At the time of reservation, please advise us if you are using skin medication, have allergies, have recently undergone cosmetic surgery or are pregnant. Acknowledging these conditions will allow us to make the relevant arrangements.

Spa attire

The spa will provide robes, towels, slippers and disposable underwear where applicable for your use. Undergarments should be worn to ensure your complete privacy and modesty throughout your time with us.

Spa ambience

Soma Spa promotes a tranquil environment. As a courtesy to our other guests, please turn off all mobile devices or place it on silent mode. Any sound or music equipment must only be used with headphones.

Age requirements

All spa guests must be 16 years of age or above.

Eating in the spa

We do not allow eating in the spa area. However, we do allow drinking as it is important to drink plenty of water two hours before and after exercise, massage or body treatments, in order to flush toxins from the body. We also provide our healthy eating menu in the Assawan Amphitheatre.

Exclusive membership

Please ask our Soma Spa reception desk if you are interested in finding out more about becoming a member.